

TUMBLE TYKES AND TUMBLE KIDS: 1/19-1/24, 2026:

REMINDERS:

- Kids Night out February 14th
- More School's out Plays happening in February!

THEME: START THE NEW YEAR BRIGHT

EVENTS: BEAM/FLOOR

WARM-UP: TOP HAT PARTY! Using the top hats as a prop, having them take them across the floor you will teach and practice skipping. Skill checks are in February so giving our TK's as much practice as we can.

If you don't know how to teach skipping: break it down by first marching across with high knees, then it will be a "march" and then hop on the same foot, and do this slowly going all the way across. As that is easy you will speed it up and they will slowly begin skipping.

BEAM:

1. MAZE BALANCE:
Tumble Tykes will try to balance the maze board without letting either side touch the floor, for **Tumble Kids** they will try to get the ball through the maze.
2. SHOOTING STAR CATCH: Rocket launcher, sparkly star plushie
For **both groups** they will be working on HAND-EYE COORDINATION: when I explain this to my students I tell them our hands and eyes are working together as a team. I follow with telling them our eyes have to be watching and our hands have to be ready to catch and then I demonstrate putting the object on the launcher and stomping/catching the item.
3. NEW YEAR'S MARCH: 1 single beam, and 4 cups upside down, with sparkle star sticks:
For **Tumble Tykes** they can go sideways and try to go over the cups without stepping on them and then **Tumble Kids** can march forwards going over the cups. Both groups will take the sparkle star sticks across with them to the cones on the other side!
4. SUPER STAR SHOOT: 2 Red Trapezoids, 1 Single beam, and a mat under the beam for landing:
Tumble Kids only, having them start by sitting on the beam like a horse, their feet will hook behind them, and then they will push to their knees and turn to do a safety dismount on to the mat in front of them.

FLOOR:

1. ROLLING THROUGH THE NEW YEAR: Cheese mat, star plushies and a hoola hoop
Tumble Tykes will be doing their rolls and standing with no hands, if thats easy then they will can roll

UP the cheese mat for a challenge. For **Tumble Kids** they will be doing their backward rolls. We need to make sure our students understand the protection of their head by pushing through their hands and landing on their feet. As we move them to the floor in PKG and BG1 we want to make sure they know how to push through their hands.

2. **SPARKLING HANDSTANDS:** red ninja wall and velcro hands:
For **Tumble Tykes** I would have 2 sets of velcro hands, one closer to the red block and one a farther distance from the red block. They will start on the faster set, walk their feet up and hold for 5-7 seconds and then come down. The second try can be on the closer hands as that is more of a challenge being in the vertical position. **Tumble Kids** I would both hands at the same distance from the red block but one set on one side and the other set on the opposite side that way they can walk their feet up and then work on having strong arms while traveling across the block to the other set of hands.
3. **ROCKING ROLLERS:** Trapezoid, domino and 2025 floor mat:
Both groups are doing rock and rolls, standing up on the floor in a ta-da. I would start how PCL explains it with them grabbing under their knees, if that is successful for **Tumble Kids** I would have them start grabbing in the front like we do in PKG and have them stand up with no hands. This is good for station 1 for TT to help them get up after their roll.
4. **CARTWHEEL THROUGH THE STARS:** Rumlbers and velcro arrows:
This will be for **Tumble Kids ONLY** they will start with one foot on each arrow and try to cartwheel across over the rumblers, hands going onto a circle.

