

**CIT Leadership Program**  
**IEGA COMPETITIVE ATHLETES AUTHORIZATION FORM**

In addition to completing the online CIT application, if you are a member of the IEGA Xcel Team, you must get your coaches approval, and have them sign off below, in order to participate in the CIT Leadership Program, particularly if any of the trainings conflict with your practice times. You cannot miss CIT trainings and your class shadowing days/times must be opposite of your regularly scheduled practices.

**This form must be turned in to the front office by the CIT application deadline.**

Athlete's Name \_\_\_\_\_

Current Level \_\_\_\_\_

What are your practice days and times?

Are you currently in competition season?    YES                                  NO

COACHES' AUTHORIZATION

*I understand that my athletes would like to apply for the CIT Program. I give permission for this athlete to participate, should they be accepted, understanding that they may have to miss practice or leave practice early, as they cannot miss the schedule CIT trainings.*

\_\_\_\_\_  
*Coaches' Signature*

\_\_\_\_\_  
*Date*